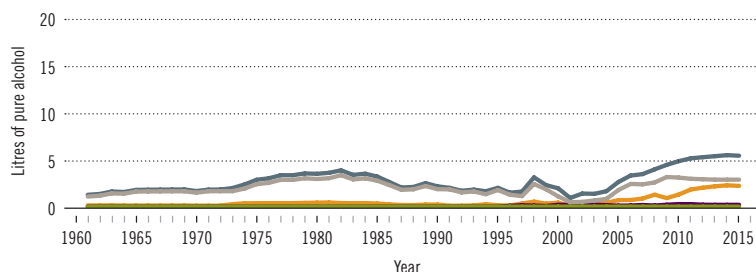


Mongolia

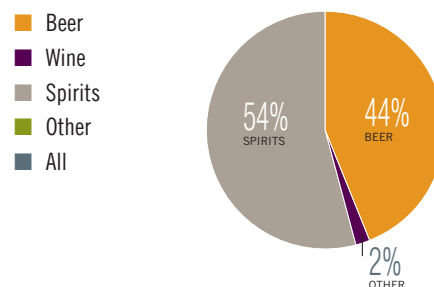
Total population (2016): 3 006 444 ▶ Population aged 15 years and older (15+): 71% ▶ Population in urban areas: 73% ▶ Income group (World Bank): Lower-middle income

ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

| | 2010* | | 2016* | |
|----------------------------|------------|-----|------------|-----|
| Recorded | 5.0 | | 5.7 | |
| Unrecorded | 1.9 | | 1.7 | |
| Total** | 7.0 | | 7.4 | |
| Total males / females | 12.0 | 2.1 | 12.8 | 2.1 |
| WHO Western Pacific Region | 7.0 | | 7.3 | |

* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; **adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

| | Litres |
|------------------|--------|
| Males (15+) | 27.6 |
| Females (15+) | 9.9 |
| Both sexes (15+) | 21.9 |

Prevalence of heavy episodic drinking* (%), 2016

| | Population (15+ years) | Drinkers only (15+ years) | Population (15–19 years) | Drinkers only (15–19 years) |
|------------|------------------------|---------------------------|--------------------------|-----------------------------|
| Males | 27.9 | 60.2 | 18.8 | 64.3 |
| Females | 5.3 | 24.7 | 3.2 | 27.9 |
| Both sexes | 16.4 | 48.7 | 11.1 | 54.2 |

* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

| | Males | Females | Both sexes |
|----------------------------------|-------|---------|------------|
| Lifetime abstainers (15+) | 23.1 | 50.9 | 37.3 |
| Former drinkers* (15+) | 30.6 | 27.6 | 29.1 |
| Abstainers (15+), past 12 months | 53.7 | 78.5 | 66.4 |

* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

| | ASDR* | | AAF (%) | | AAD** (Number) |
|--|-------|-------|---------|------|----------------|
| Liver cirrhosis, males / females | 91.3 | 64.3 | 66.8 | 38.1 | 615 |
| Road traffic injuries, males / females | 43.5 | 11.0 | 34.0 | 22.3 | 200 |
| Cancer, males / females | 370.8 | 216.8 | 8.2 | 4.2 | 261 |

*Per 100 000 population (15+); **alcohol-attributable deaths, both sexes.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016*

| | Alcohol use disorders** | Alcohol dependence |
|----------------------------|-------------------------|--------------------|
| Males | 13.3 | 4.8 |
| Females | 2.5 | 0.9 |
| Both sexes | 7.8 | 2.8 |
| WHO Western Pacific Region | 4.7 | 2.3 |

* 12-month prevalence estimates (15+); **including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2016

LEAST < 1 2 3 4 **5** > MOST

* Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

| | |
|---|---------------------------|
| Written national policy (adopted/revised) / National action plan | No / — |
| Excise tax on beer / wine / spirits | Yes / Yes / Yes |
| National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits) | 21 / 21 / 21 |
| National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits) | 21 / 21 / 21 |
| Restrictions for on-/off-premise sales of alcoholic beverages (any): | |
| Hours, days / places, density | Yes, Yes / Yes, No |
| Specific events / intoxicated persons / petrol stations | Yes / Yes / Yes |

| | |
|--|--------------------|
| National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in % | 0.05 / 0.05 / 0.05 |
| Legally binding regulations on alcohol advertising / product placement (any) | Yes / No |
| Legally binding regulations on alcohol sponsorship / sales promotion (any) | No / No |
| Legally required health warning labels on alcohol advertisements / containers (any) | No / No |
| National government support for community action (any) | Yes |
| National monitoring system(s) (any) | No |